

Bob Newbre's President's Message

Last spring a number of **Friendly Neighbors** attended a meeting of the **Latah County Commissioners** in the county offices at Sixth and Adams. Our purpose was to support **LCSC's Senior Nutrition Program** director **Randy Harper** in his presentation to the **Commissioners** to secure increases for the four senior meal sites in **Latah County**. This month we received a memo from **Randy** telling us that the commissioners did in fact increase the county's allotment to the four senior centers **from \$8,500 to \$9,500**.

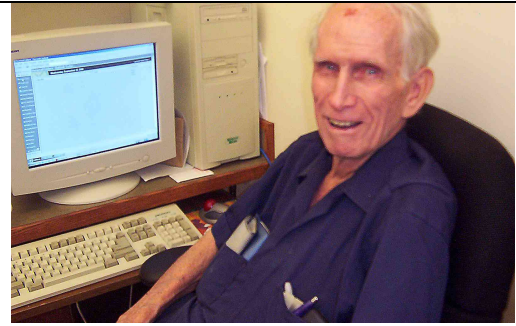
The increase (which we haven't received as yet) is to be spread among the sites based on the total number of meals each site serves and how many meals have been served in the past. **Moscow's** allotment went from last year's amount of **\$3823.08** to this year's amount of **\$4634.62** -- an increase of **\$811.54**. So if you happen to meet any of the **county commissioners** be sure to thank them for supporting us with both encouragement and financial aid.

We also received a new **page 3** to the contract we have with **LCSC**, which reflects this increase.

The By-Laws revision committee composed of myself, **Past President Jim Maley**, **Director Betty Anderson**, **Membership Chairperson Dorothy Nichols** met on Sept 12 to review and update the **By-Laws**. We are recommending some changes, which will be **voted on** at the annual meeting in **December**. It takes a 2/3-majority vote of the members present to pass any changes to the **By-Laws**. Generally speaking, our recommended changes (which will be published in detail in the **President's Message** in the **November newsletter**) are of an updating and clarifying nature. For example, the **Meal Site Budget Committee** in the current **By-Laws** has evolved into a **Meal Review Committee** -- so we're looking to updating the name and function of said committee.

Also at the annual meeting in **December**, we'll be electing new officers, so I am looking for people to serve on a **Nominating Committee** to function during **mid-November to mid-December**.

Bob Newbre, President Friendly Neighbors



Scotte Hecht

Senior Help With E-Mail – On Request

I like most of the programs I follow on television, but ever once in a while I recall what television has done to the art of visiting and talking friend to friend. Now when we have company over, we turn on the tube to see what's on. As I became accepting of the "**Internet**" and how it could be used, and our young people became more familiar and immersed, I decided the way to stay in touch with your kids was use **E-mail**.

After jumping on to the **Internet**, it was obvious that I --we-- can stay in contact with our kids if we use **E-mail** to keep in contact. There are several systems that do not charge, and are simple to set up. I like to help seniors pick a user name that gets your kid's attention, something that makes them or almost makes them kind of smile internally.

Yahoo, Hotmail, MSN, and a number of others let you get on the **Internet** without charge, the message is sent instantly and in most cases the letter is in their inbox in the time it takes to tell about it. It's easy to learn and if you have grandkids or other family members, you will be surprised how they respond.

Stop by the **Senior Center**, I seem to spend most of my time (Monday mornings, Wednesday and Friday afternoons) **and other days when asked**. I want to teach **Seniors** the ease of picking an address and password and how to get on the **Internet** and sending letters or even pictures to their family or friends. It's so easy and gives you something to do. Come by the **Senior Center** and I'll make you an **E-mail user**.

Scotte Hecht





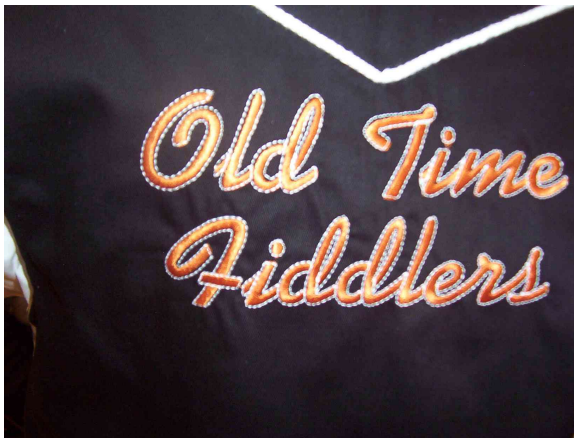
Karen Rivera



Doreen Steenberg



Carol Frink & Doreen Steenberg



Back of Fiddlers' Jackets



Scottie Hecht ~ Master Gardner

A Lot of Celebrating

We have had a lot of celebrating during the past two months. **Fiddlers** have been honored for their dedication to the **Idaho Old Time Fiddlers** organization. **Scottie Hecht** has been honored for his many years as a **Master Gardener** from which he is now retiring. **Karen Rivera** and **Marti Snodgrass** have been recognized and honored for their sewing ability in planning and making the new **Fiddlers' jackets**. All in all, we have a large number of very **talented people** willing to entertain and work toward the enjoyment of us all.



Melva Hoffman

I was born on **New Year's Eve** in a farmhouse in **Washington County, Nebraska**. I had a good childhood, but things changed after the stock market crash, which was followed by years of drought and dust storms. We left snow fences up all year to catch the dust in big drifts. Grasshoppers ate what crops tried to grow, and we ate the chickens that ate the hoppers.

High school was 10 miles away, and I worked in a rooming and boarding house so I could attend high school. After graduation from high school (to save money so I could go to **University of Nebraska in Lincoln**), I did many jobs, until there was finally enough money from Mother and Dad and my savings to pay my tuition. I received a **NYA** job for **12 ½ cents an hour** working for a wheat geneticist to meet expenses... No steaks, cars, Starbucks coffee, or cell phones.

After graduation I had a variety of jobs and was assistant manager at **Glen L. Martin B29** assembly plant. When **World War II** ended, the plant was closed.

I was asked to come to the **University of Idaho** to fill a vacancy for a semester. I stayed, and in 1946 married a chemical engineer, **Dwight "Deacon" Hoffman**.

We did lots of traveling in the **United States** and also, spent about a year in **Khartoum, Sudan**. **Deac** was employed by the **Sudanese** government so pay came in **piastres**. As government employees we could ride the train to **Port Sudan** at 10 miles an hour... steam engine, no air conditioning. We also took the paddleboat up the **White Nile** to **Malakäl** with the soldiers guarding the boatload of **Sudanese** and livestock on board. Fresh killed livestock provided our meat.

For R & R, we went to **Europe** and were in **Yugoslavia** visiting friends when the **D-Day**

Invasion began. When we got to **Athens**, the U. S. government said, "**Come Home.**" So ended our adventures living in a flat with cockroaches, rats, geckos, and shopping in the local Sac. We wanted to go back.

After **Deac** retired from the **University of Idaho** in 1975, we went to **Dar es Salaam, Tanzania** for six months on a new adventure. I never mastered **Swahili**. The **Indian Ocean** beach is wonderful

Back in the good ole' **USA**, we continued to travel and saw many historic spots in all **48 States**.

In 1994 my wonderful life ended with the death of my husband. Camping started with a bedroll on **River Meadow** and ended with a trailer on **Freeze Mountain**. My life has given me many **happy memories...** **Melva Hoffman**

Thank you!

Jeff Bollinger, investment representative of **Edward Jones at the Eastside Marketplace in Moscow**, provides the coffee served in the **Moscow Senior Center**.



Your retirement years should be easier.

As a resident of **Good Samaritan Village and Fairview Village Estates**, you'll enjoy **priority access to all services offered through out both campuses.**

Fairview Village Estates is located on the east side of town, with beautiful views of Moscow Mountain and Paradise Ridge. You can find that care-free retirement lifestyle you've longed for. With brand new, personalized Twinhomes and a new apartment complex, The Lodge, our residents 55 and older can enjoy a maintenance-free home and the freedom they deserve.

Fairview Village Estates A Good Samaritan Senior Living Facility

Open Now!

A Few Puns

- Seven days without a pun makes one weak.
- If you don't pay your exorcist, you get repossessed.

Social Club?

By: Dorothy Nichols

Friendly Neighbors isn't known predominantly as a social club, but if you look around you'll find several couples that have formed a special friendship with each other. (A few have even gotten married.)

Seniorship can be a lonely time after losing one's spouse, but it doesn't have to be. Wouldn't it be nice to have a special someone to go places with or just to sit and talk with, instead of watching the same old TV programs?

We are at a time of life when we aren't looking for a romantic relationship or marriage. On a personal note, it would be financially devastating for **Bob Newbre and me** to marry because I would lose my health and pharmacy insurance from my deceased husband's union. Others would lose pension benefits if they remarried.

But it is wonderful to have a relationship with someone who grew up before all the new-fangled machinery took over and left us baffled. They understand jokes and enjoy old movies that the young whippersnappers don't have a clue about. They move to a slower rhythm and are understanding about the limitations of our age.

How could you find someone with whom to form a friendly relationship? Again I'll talk from my own experience. I volunteered to take care of the senior room upstairs on Thursday afternoons and decided to set up a weekly bridge game.

Sitting next to **Bob Newbre** at lunch I casually asked if he played bridge. He said he did, so over the bridge table we got to know each other. He asked me out for coffee and then to dinner, and we have been together for about four years.

It's hard, and at the same time easy to form a friendship with someone of the opposite sex. It's hard to make the first move, but from then on it is easy, because everyone likes attention and appreciation of who they are.

Once you've chosen someone, show interest in him or her. Ask non-threatening questions such as, "Have they lived here long?" "Do you play cards?" "Do you like to travel?" "What is your opinion about (some interesting current event)?"

If the person isn't responsive, look around and choose someone else. When the conversation is going well you can ask if they are attending some community event, or ask them over to see your etchings. **(That's a senior joke.)**

When the **Senior Center** upstairs first opened I gave out a survey asking what activities seniors would like to see there. One of the activities was a **social club** where single seniors could go places and do things together. Several people signed up, but no one was willing to take initiative and call a meeting of interested seniors to talk about activities. Maybe the time is right now, with winter on the way and TV no better than it has been. The idea needs someone who is willing to set up a meeting of single seniors. Let me know if you are interested. This could be the start of something very good for you! **-Dorothy Nichols**

Computer Corner

More opportunities for computer assistance at the **Moscow Senior Center** are now available. In addition to help from **Doris** and **Kay** on **Monday mornings and Wednesday afternoons**, seniors can get help with e-mail from **Scottie Hecht**. Another article in this newsletter tells about **Scottie's** availability.

Don't forget that the **Moscow Senior Center** has a web site, courtesy of **First Step Internet**, which can be found at <http://users.moscow.com/srcenter> and has past issues of the **newsletter** (in regular format and in a format for the **visually challenged**), **monthly menus** for the **Friendly Neighbors Meal site**, chart of activities at the Senior Center, and more. And, the **1912 Building** is a wireless hotspot, so bring your laptop and hop onto the Internet.

Kay Keskinen

A Few Puns

- A bicycle can't stand-alone because it is two-tired.
- What's the definition of a will? (It's a dead giveaway).
- Time flies like an arrow. Fruit flies like a banana.
- A backward poet writes inverse.
- In democracy it's your vote that counts; in feudalism, it's your Count that votes.
- A chicken crossing the road is poultry in motion. 