

Friendly Neighbors' Newsletter

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 Editor/Publisher: Doris Norman
 Reporter: Vivian Hofmann

President's Message

Dear Friendly Neighbors,

We are in the midst of changes in our kitchen staff. Here's a brief summary of these changes.

Karen Murray, head cook, will be with us for the last time on Thursday, September 30. She will leave **Moscow** and in a couple of weeks she will fly to **England** to join her daughter and son-in-law for at least six months. **Karen** joined us as the assistant cook and became our head cook earlier this year. She has been a conscientious, loyal employee who has been a joy to work with; she has provided **Friendly Neighbors** with many excellent meals. From all of us - **THANK YOU and BON VOYAGE, Karen!**

Teresa Beplate replaced **Max Gash** as assistant cook in early August. She commutes from **Potlatch** where she lives with her husband and teen-age son. With her previous cooking experience, friendly attitude, and ready smile, **Teresa** has become a valued employee. We look forward to a long and

mutually satisfying relationship. Keep up the good work, **Teresa!**

Lucinda Cavileer, new head cook, began working with **Karen** and **Teresa** on September 21. She lives on Hayes St. in **Moscow** with her husband and school age daughters. **Lucinda** was most recently employed as a cook at a **UI** sorority. She is making the switch from a younger generation to an older generation in stride. We look forward to having her as a member of our team.

Welcome, Lucinda!

And speaking of cooks, I would be remiss if I didn't include **Ernie Wycoff**, our 90+ year-old volunteer who keeps turning out those delectable biscuits and rolls. **Way to go, Ernie!**

Thanks, too, to all of the other **volunteers** who help in many ways to make our meal site run efficiently and smoothly.

While I'm acknowledging thoughtful **Friendly Neighbors**, thanks to **Doreen Steenberg** for her generous donation of a beautiful Afghan for a raffle that resulted in a \$173 deposit in our account. **Bob**

Leonard was the fortunate winner of the Afghan.

Please contact me or other board members if you have comments, questions, or suggestions about any aspect of **Friendly Neighbors**.

Sincerely,
Duane LeTourneau

**Surprise Your Grandkids,
Send Them E-Mail!!**

By: Kay Keskinen

Assistance with computers is available twice a week at the **Moscow Senior Center**: Mondays from 9:30 AM to 12 noon and Wednesdays from 1 PM to 3 PM. The help is free and usually comes with a cup of coffee, too. **Doris Norman** and **Kay Keskinen** bring their smiles and computer knowledge to share with other seniors.

If your **grandchildren** use e-mail and you aren't quite ready to try it, stop by the **Senior Center** and get help with e-mail. **Doris** and **Kay** can help you set up a free e-mail account (through **Yahoo** or **HotMail**, for example) and walk you through the steps on accessing e-mail. Or, perhaps you're ready to learn how to "reply" to an e-mail someone sent you or "forward" an e-mail on to another person.

In addition to e-mail, help is also available for word processing; perhaps you'd like to get an early start on

a holiday letter to include with a **Christmas** card. All the PCs at the **Senior Center** have **Microsoft Word** on each of them to create documents. Assistance with surfing the **Internet** to view web pages is available; as is using **search engines** to find web pages on particular topics.

And if you are a very beginning computer user, we can help you learn to become proficient at using the mouse. Playing the **Solitaire** card game that comes with most computers is an excellent way to learn how to move the mouse, click on items, and "drag-and-drop" (move) things around on the computer monitor window.

If you're ready to surprise your **grandchildren** or just want to learn more about computers, stop by for individual instruction on the topic of your choice. **E-mail** is a great way to keep in touch with family, and there's no postage!

Moscow's Friendly Neighbors' Meal Site

Invites you to attend our regularly scheduled Noon Meal of nutritionally balanced menus:

**Served each Tuesday and Thursday weekly
12 O'clock Noon.**

**The donation is: \$2.50 for those 60+;
\$5.00 for those under 60.**

**WHERE: Moscow's 1912 Building
Plaza Great Room**

Evening
In case you haven't notices (that's a joke!), we have a parking problem at the **1912 Building**.

Our **membership** has been growing, so parking has become even more of a problem. What can we do about it? First, be aware of the available space. You can park along the curved sidewalk next to building in the parking lot. One or two cars can park in back of the two at the north end of the lot if they aren't too close to the two-parked cars.

There are many spaces in back of the building all the way down the block. I wish the big RV's would park farther down because they are too big for the "compact" spaces and often cut off an additional space so no one can use it. If you see someone who is inconsiderate in this way, put a note on their windshield so they'll "get the message."

I've often thought it would be good if they cut into the hill on the west side of the building to make a row of diagonal parking spaces. Of course the city doesn't have the money for this, but maybe a Good Samaritan would donate the money for this project... Then all we'd have to do is put up effective signs that would keep out the high schoolers on Tuesdays and Thursdays.

If you're up to walking a little, you can park in the lot by the **city hall** (old Post Office) where we used to have lunches. Walking is good for us anyway, but I dread the

thought of it when winter sets in.

A much less expensive idea that is worth considering comes from **Larry Kirkland**. He thinks it would be a good idea to find a central parking area and have a shuttle bus run **Friendly Neighbors** to the **1912 Building** from there. It could run from 11:00 to 11:30 and 1:45 to 2:15 or so about every 10 minutes. It shouldn't cost very much and maybe the city would spring for that in return for the goodwill it would generate. If you have some interest in this proposition, see me and I'll find out to whom we can talk about it.

Dorothy Nichols



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Samaritan
Village

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