

Friendly Neighbors' Newsletter

Volume 9 -- Issue 6

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President's Letter

This has been a special year for me to be able to serve as President of Friendly Neighbors. At this time of year I want to take time to acknowledge the many people who make our organization run smoothly. I want to thank my "staff," the board members and officers who keep our group functioning.

I want to thank the many people make the meal site possible: Mike, Bernita, Jesse, and Pam along with the many volunteers who set up and take down the tables, decorate the tables, serve milk and meal trays, sign in and take meal donations, deliver meals to seniors who are home bound, and many more. I am also grateful for those who volunteer to keep the Senior Center open--those who greet and make coffee, who organize the pinochle and bridge and bingo, who work on puzzles, who help with computers, and much more.

This year has been a rebuilding year for Friendly Neighbors; in spite of increased costs for food, transportation, rent, and so forth, we are still financially sound. Without financial support from our generous Latah County Commissioners we would be hurting. We receive grants from Tri-State, Wal-Mart, and the Lions Club along with generous donations from individuals. We rely on meal site donations and contributions from those who receive delivered meals .

Our organization is like a watch, each of the gears is needed to make us run smoothly and on time. So many people are needed for us to provide meals for seniors and the senior center on the ground floor of the building.

With the recent downturn in the economy, I expect more seniors will be relying on our services for a nutritious meal. Please pass the word about our Tuesday and Thursday lunches and our home delivery. We suggest a \$4 donation, but no senior (60+) will be turned away for lack of funds. With hot soup (in winter), salad bar, dessert bar, milk, coffee, and meal tray, we can help seniors make ends meet. Plus, it's fun when we all get together.

I thank you for the opportunity to serve you this year. Happy Holidays and Happy New Year!

Bob Leonard Friendly Neighbors President

Moscow's one and only Friendly Neighbors' Meal Site

**The Place to be if you are 60 or older
(and also welcome if you are under 60.)
Tuesday and Thursday of each week
(except holidays) friends meet as early
as 11 a.m. for the well balanced
nutritious meal served at Noon. There
is time for fellowship and friendship.**

SUGGESTED DONATION COST

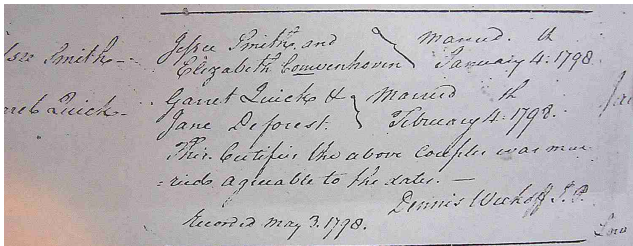
Seniors over 60 years --- \$4.00

Those under 60 --- \$6.00

**There is Hot Soup, Salad Bar, Dessert
Bar**

Then a marvelous main meal!

Join us and just enjoy!!



Genealogy, Anyone?

Above is a photo of a 210 year old recording of a marriage document for Doris Norman's great great great grandparents, (Jesse Smith and Elizabeth Couwenhoven) who were married in 1798 in Hunterdon County, New Jersey. It has been an interesting historical journey through time... from Texas... to Ohio... to New Jersey. Now there will be a trip through history to Long Island, New York when early Dutch settlers arrived about 1630.

Early in December 2008

Marti Ford and **Sue Allard** are making plans to teach *Genealogy Basics* in the Moscow Senior Center with classes open to seniors 55 and over. These teachers are among Moscow's finest genealogists.

If you are interested contact someone involved with the **Senior Center** and add your name to a list of potential students.

Genealogy is more than just names and dates...It is a study of the historical times of our ancestors and the sacrifices they made to start a new life in a new and unknown far away and strange land.

**1912 Moscow Senior Center
Coffee Hour
10:00 A.M.**

**Monday, Wednesday, Friday
Courtesy
Jeff Bollinger**

Edward Jones Investments



**Stop by for a cup and some
friendly visiting.**

*Living the whole
of life.*

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All faiths or beliefs are welcome. 08-00745 

SENIOR ADVANTAGES

It's great to be a senior these days! Lots of stores and businesses give Senior Discounts. For example, Arby's has a 25% off discount program on weekdays from two to five o'clock.

Several other restaurants such as KFC and the Super China Buffet give seniors 10% off. Mall stores also give us discounts on certain days. But you have to know about the discounts and ask for them. (I've even seen T-shirts and caps that say "Senior Citizen – My discount please" on them.)

We take a lot of trips, figuring we will travel while we can. We've learned that when we reach our destination one of the first things to do is to check the area for Senior Centers.

Last month we went for a week to Hope, Idaho. The afternoon we arrived we found a bridge game at a Senior Center, and that week we played bridge three afternoons, had lunch twice, and even enjoyed ourselves at a senior dance on Saturday. So when you travel, keep in mind that you can meet a lot of friendly people and enjoy the activities at local Senior Centers.

In case you haven't thought of it, also enjoy the programs, trips, and lunches at our local Senior Centers in Pullman and Lewiston.

Enjoy being a Senior!

Dorothy Nichols and Bob Newbre



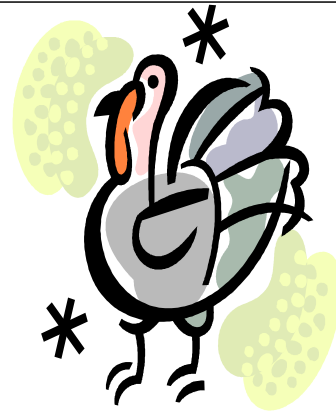
**Do not kiss your children
So they will kiss you back
But so they will kiss their children
And their children's children.**

Noah benShea
poet, philosopher and author

Thanksgiving Day

T -- taking time to totally test
H – how to handle how it's best
A – attitude acclaims always
N –not just noting special days
K – knowing need to smile and nod
S – silently and speak to God
G – graciously in gratitude
I -- intensely in a mood
V – volunteering and with zest
I – intent on doing best!
N – not neglecting anyone
G – gladly helping to get things done!
On this day in which we pause
To "do to others" that's because
We're thankful that we have the best
Of everything, my case I rest!
Bette the Bard (11-11-'08)

HAPPY THANKSGIVING!



News From Jenny

West Side Story

We celebrated the project on September 12 but the West Wing still had some more work to be done. Well, the work is finally complete and we have passed final inspection! The 1912 Center now has a community meeting room (called the **Fiske Room** in honor of **John and Janet Fiske** and their family) an arts workshop and a unisex restroom/dressing room available for rentals and use.

You are welcome to check out the new spaces anytime, just wander across the balcony or up the other stairs out of the **Great Room** and explore! The doors into the building on the west side will be unlocked during business hours so you may enter at that end of the building as well.

All questions about the new wing can be directed to **Jenny Sheneman** in the **Heart of the Arts Inc. office.**

Thanks again to all of you for the support you showed through your contributions, well wishes and for putting up with construction hassles. We did it! Now for the upstairs...

Holiday Building Closures:

The 1912 Center will be closed on **Thanksgiving, the day after Thanksgiving** (for carpet cleaning in the whole building), **Christmas Eve & Christmas Day**, and **New Year's Day**. **Heart of the Arts, Inc.** wishes you all a warm and happy holiday season!



A Game You're Not Too Old For



The game of horseshoe pitching is one for any age, young or old, female or male. One person can pitch horseshoes by himself, or play with one, or two, or three others. It's a game for one's life time.

Moscow RSVP volunteer Kay Keskinen competed in her first National Horseshoe Pitchers Association (NHPA) sanctioned tournament last August in Coeur d'Alene. Twenty five pitchers competed in four classes, with pitchers placed into classes based on their average ringer percentage, A being the class with the highest ringer percentage.

Kay pitched in Class A, where she was the youngest participant and the only woman in that class, and she won the tournament winning all five games and averaging 56% ringers, giving her the rank of #86 among all female pitchers in the country.

The Moscow Parks and Recreation Department sponsors a horseshoe league in the summer, and area horseshoe pitchers plan to organize a horseshoe pitching club. So if you've wanted to learn how to play or want to pitch with others, ask Kay for details. Kay will tell you why "Closeness only counts in horseshoes."



Shirley R. Caldwell

Shirley (Grossman) Caldwell, our friend and member of Moscow Friendly Neighbors, Inc. for many years recently died. We remember Shirley for her beautiful smile and pleasant attitude.

Shirley was born on Christmas Day 1924. she grew up in Nebraska. She and her husband, Harry, moved to Moscow in 1948.

Shirley received her master's degree in secondary education at UI and taught in the Moscow schools for 11 years. She has been involved in setting up special scholarships at UI and given her time and talents to the community through the years.

This special person will be remembered and lovingly missed by all her many friends and all 5 the Friendly Neighbors group of Moscow.



Dorothy Roberts

Dorothy Roberts recently moved from Moscow and the Good Samaritan Village to be with her children and grandchildren in Boise.

She tells us (by phone) that she misses all her friends and neighbors who frequent the Moscow Friendly Neighbors' Meal Site.

She continues to enjoy her home in Boise and being close to her children and watching the little ones grow-up. Our expanding families are all so important in this life.

Dorothy doesn't write letters much these day; however, she keeps in touch with friends in Moscow with her trusty telephone.

May happiness follow her always.