

Friendly Neighbors Newsletter

Volume 9 Issue 3 – May/June 2009

Our Web Page: <<http://users.moscow.com/srcenter>> – email: friendly.neighbors@yahoo.com

Doris Norman – Editor/Publisher – Kay Keskinen – Reporter

Contributors – Karen Davis – Norma Johnson

President's Message

A very significant benefit for the Friendly Neighbors club has been achieved recently. We have been officially designated a tax-exempt, non-profit charitable organization under Section 501 (c) (3) of the Internal Revenue Code. This means that organizations and individuals making charitable contributions to the Friendly Neighbors now may deduct the dollar value of such gifts from their income for purposes of computing the amount of income tax owed.

For this we owe much to our treasurer, Kay Keskinen, for taking the initiative to prepare our appeal to the Internal Revenue Service. She contributed many hours, seeking advice from key experts of her acquaintance, including one of our members, Atty. Linda Pike, in preparing the required documentation. Evidently Kay's work was done in good and proper order, as is her custom, for only about four weeks after its submission we received a favorable response.

A formal review of our meal service operation was conducted on April 28 by Holly Player, a staff member of the Idaho Commission on Aging. We have not yet received a formal report of her findings, but in an informal note addressed to me and to "everyone at the Moscow Center,"

Mrs. Player wrote:

"Thank you so much for making me feel welcome at your center....

You all are doing a fantastic job and the service you provide is priceless. Keep up the wonderful attitude."

To this I would add my personal thanks to all of our Friendly Neighbors, especially to the many who help in many ways, both great and small, to make our twice weekly gatherings enjoyable, efficiently conducted, and in compliance with the pertinent regulations.

A letter requesting a charitable grant of funds to the Friendly Neighbors has been submitted to the manager of our local Wal-Mart store. Also, a similar letter has been submitted to the Latah County Commissioners, asking for a grant next year such as we received for 2009.

Looking to the near future, we will be making major alterations to our lower level storage room, in order to better comply with health code regulations regarding to food storage. And work continues on defining the functions of a committee to exercise oversight of menu preparation and of our food service operation in general, as well.

.....Leonard Johnson, President
Moscow, Idaho – Friendly Neighbors

"We don't receive wisdom; we must discover it for ourselves after a journey that no one can take for us or spare us.".....Marcel Proust



the opening of a new operation of a clay mine on Moose Creek. Bovill had a population of about 450 and this endeavor gave employment to about 75 people.

By the summer of 1961, Idaho Industrialist Jack Simplot had invested \$2 million to develop the open pit mine and refining plant that processed clay, silica sand and mica. It was known as the company's Miclasil division.

About 200,000 tons of clay and the same amount of silica were processed and shipped each year. Northwest Glass Co. of Seattle took the silica sand for its mayonnaise, pickle and jam jars.

This white clay was going to the Potlatch Corp. Pulp and paper mill at Lewiston for use as filler. Other such companies were beginning to also buy the clay.

The mine and plant operators never were able to get the clay purity – the whiteness – they wanted. Therefore, sales diminished.

There was also the problem with a chemical process the company was using and the effluent ran into a tributary of Potlatch Creek destroying the creek's micro-fauna and flora. It seems the creek eventually recovered; however, stiffer environmental protection laws were being enacted.

After being leased by several companies over the ensuing years, the mine was eventually shut down.

Remember the Boville Clay Mine??

This is where **Gordon Sheets** (first husband of **Norma Johnson**) was employed during its operations in in the 1960's. Gordon was the boss over all the work.

Information from an 1970's Tribune article by Sylvia Harrell:

In the 1960's Bovill was booming with

The following comments were found on the Internet under date of February 2009:

i-minerals, Inc. is a Canadian mining company with plans to construct and operate an open pit clay mine near Bovill and Helmer.

**Free Senior Fair at Palouse Mall
is June 2**

The annual Senior Fair returns to the Palouse Mall in Moscow on Tuesday, June, 2. The event is free and open to all and runs from 8 a.m. to 5 p.m.

The fair will feature dozens of vendors with information and resources to improve seniors' quality of life on the Palouse. In addition, a series of workshops is planned throughout the day.

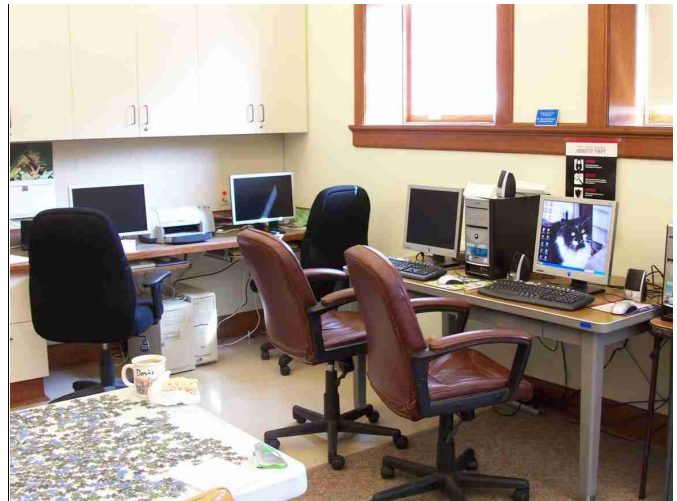
There will be regular Bingo games and the chance to win great door and raffle prizes donated by vendors.

Tuesday also is the traditional Senior Day at the Palouse Mall, with specials at many mall retail stores. The fair is sponsored by the Moscow-Pullman Daily News and Gritman Medical Center.

**For information, contact
Craig Staszko at (208) 882-5561, ext.
227.**

Kindly Kitchen Chef

Kindly kitchen chef is Mike
What about him's not to like?
His Bernita's busy too
Ask her anything to do
She will it all in haste
Not a moment is to waste
Return of Pam projects good mood
As she dispenses tasty food
Salad Bar is tempting treat
Far more stuff than I can eat!
In addition to that store
Of good "green stuff" there is more
To take home, meal site has best
Volunteers -- to them God Bless!
.....**Bette, the Bard**



Computer Corner

Senior citizens (55+) are welcome to use the four PCs in the Moscow Senior Center. Each PC can connect to the internet at high speeds, and each has a printer attached, too. The 1912 Center is a Wi-Fi hotspot, so if you have a laptop with wireless capability, it can access the internet anywhere in the building.

In addition to the PCs, there are RSVP volunteers available to help with computer questions. Help is regularly available Monday mornings with Doris and Kay, Wednesday afternoons with Doris and Kay, and with Scotte most mornings.

(continued on Page – 5)

**Minds, like bodies, will often fall into a
pimpled, ill-conditioned state from mere
excess of comfort.**

.....**Charles Dickens**

**No one is useless in this world who
lightens the burdens of another**

.....**Charles Dickens**

My Time in Egypt-- by Karen Davis

It was 1984 when Women In Development announced fellowships to help prepare women to work internationally. I put together a proposal to work with the Egyptian Major Cereals Improvement Project of CID/USAID and won one of the fellowships. I was to go to villages to observe bread baking in the homes, to generate recipes and to document the tools and ovens that were used. I was in Egypt for three months and visited villages from Aswan in the south to el Alemain in the north.

Leavened breads included the shamsy bread which is allowed to ferment in the sun (shams) and is much like San Francisco sour dough bread.



Beni Suef shamsy bread

Unleavened breads included the thin maize, wheat and fenugreek bread called battaw bread.



Half-day's work for this family with 15 daughters.

Balady bread is the familiar pocket bread. Bread furnished 70% of the diet and bread from the bakery was subsidized so even the poorest could have food.

The Bedouin home had an oven that was fueled by diesel oil or butane. From that idea, the Egyptians developed a conversion kit that could be put into the traditional ovens.

Bread baking is a social activity with women working together to make their bread. Bread from the bakery is inferior in quality and is much cheaper than the homemade bread.



Home from Afghanistan

Zachery Hamilton (great-great-grandson of Doris Norman) shows his delight at having his Dad home from Afghanistan after three long years.



Kay Keskinen & Doris Norman

Computer Connections

In the last newsletter we mentioned that we now have a web camera and a Skype account. Skype is a free computer program that allows people to connect via computers with a web camera (webcam). Connections between people who each use a Skype account are free; they can see each other via the webcam and talk using headphones or microphones and computer speakers. If you have friends or family who have a Skype account, now you can stop by the Senior Center when Doris or Kay are there and ask them to set up the webcam so you can call, or be called, by another person with a Skype account. For more information about Skype, their website is <www.skype.com>.



Friendly Neighbors Wearing Their 'Fun' Hats in the Easter Parade at the Moscow Senior Meal Site.

Left to right: Bill & Betty Mitchell, Clara Dockter, Jeanette Talbot, Doris Norman, Glenda Hawley, Annie Goff, Clarence Hewitt, Lino Condotto.

The help is free, so don't be shy about stopping by for some assistance. Or just come in for a cup of coffee or tea. The Friendly Neighbors newsletters, along with other senior related information such as meal site menus and Senior Center schedule of activities, are on the Senior Center's web site: <users.moscow.com/srcenter>.

-----Kay Keskinen


Even if you're on the right track, you'll get run over if you just sit there. ...Will Rogers

I have always depended on the kindness of strangers....Tennessee Williams

*Living the whole
of life.*

Long-term Health Care | Alzheimer's Care
Assisted Living | Senior Apartments
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Call for more information:
Good Samaritan Society—Fairview Village Estates
(208) 882-9809
Good Samaritan Society—Moscow Village
(208) 882-6560
www.good-sam.com


MOSCOW VILLAGE
FAIRVIEW VILLAGE ESTATES

All faiths or beliefs are welcome. 08-00745

**Coffee Hour in
Moscow Senior Center
Courtesy Jeff Bollinger
Edward Jones Investments**



Friendly Neighbors of Moscow

has been the devoted sponsor of the Moscow Senior Meal Site since it's beginning in 1978. The Meal Site is also a part of Area Agency on Aging and the Community Action Partnership of the Department of Agriculture. The goal is to provide lost cost, nutritious meals to all seniors age 60 and over.

Since it takes financial resources as well as personnel to offer well prepared and nutritious meals in the 1912 Center kitchen, the Friendly Neighbors Meal Site suggests donations from those financially able to do so. Without these donations, the Meal Site would not be able to operate and the site would soon have to close its doors to even the poorest of poor.

Suggested Donations

Those over age 60 – \$4.00

Under 60 – \$6.00

**Donations may be made at the
Donation Desk or in a secure,
slotted Lock box.**

Tuesday & Thursday

**12:00 Noon – 1912 Great Room
412 East Main Street**

Moscow, ID