

# *Friendly Neighbors Newsletter*

Volume 14 – Issue 4 – July/August 2013

Founder – Doris D. Norman

Publisher/Editor – Kay Keskinen

Moscow Senior Meal Site and Senior Center

1912 Center, 412 East Third Street, Moscow, ID 83843

Phone: (208) 882-1562

Web Page: <http://users.moscow.com/srcenter> Email: [friendly.neighbors@yahoo.com](mailto:friendly.neighbors@yahoo.com)

## President's Message



Well, we're getting close to our 40<sup>th</sup> Anniversary Lunch on August 1st. I hope everyone will attend and bring a new guest or two. Remember we might have entertainment that day, also. Our membership is still climbing, and we've now reached 107 members.

The Senior Fair at the Palouse Mall was a success! Ellen received three calls the next day for Home Delivery Service, and one of the people I saw at the fair showed up for lunch.

I want to thank the volunteers who make the Meal Site and the Senior Center possible. Without their help, we would be in dire straits. Please say THANK YOU to a volunteer when you see them working. We have a new volunteer, Michael Higgins, who helps with the meal site setup and assists in the kitchen as needed. Thank you and welcome to Michael! I also want to thank the DuPonts for the fresh fruit and vegetables they bring us from their garden.

I am happy to report that the attendance at lunch has risen of late, and we even had 61 for our pizza party and 58 for fried chicken. Keep up the good work, invite a friend or neighbor to our Tuesday and Thursday lunches.

The Senior Center has gotten busier of late, too. With Mah jongg games 2 or 3 times a

week, they have added to our schedule of available activities.

There is also room for more Bingo players on Friday mornings. We play from 10 AM to 11 AM. It is a good time to gather and see what is happening in our circle and with our friends.

SEE YOU ALL AT THE MEAL SITE!!!

**DON'T FORGET  
THURSDAY, AUGUST 1<sup>st</sup>  
IS OUR FREE  
ANNIVERSARY LUNCH  
SPREAD THE WORD!!!**

Best Regards,

*Bill Terrio*, President



**If you are 60 or older,  
there really is a free lunch!**

Seniors--come enjoy a free meal on Thursday, August 1 and help us celebrate our 40<sup>th</sup> anniversary. The lunch includes soup, salad bar, dessert bar, and a main course with your entrée choice of either salmon fillet or chicken cordon bleu. Milk, coffee, tea, and water are available. The lunch main course will be served between 11:30 AM and 1:00 PM.

## Neighbor News

**Helen Sasse** will spend much of the month of August with family in the Cape Cod area of Massachusetts.

**Ernie Bunch** is now home after spending some time at Aspen Park. It's good to see Ernie at the senior meal site.

**Ellen Roskovich** has a new granddaughter Penelope who was born on June 24.

**Lino Condotta** spent the July Fourth holiday with family and friends at Sandpoint. His son Harold Stansberry from Nashville visited for ten days in July.

**Mary Ann Moser** attended her Holy Names College reunion in Spokane.

**Barbara and Ed Townsend** will be going to Estes Park in Colorado in early August.

There was a Fleener family reunion in late June at Klemgard Park with 120 people in attendance, **Glenda Hawley** reported.

**Nancy Lindhorst** attended her "Big 50" Moscow High School class reunion in late July.

### Birthdays:

August 2: Clara Dockter  
August 8: Mertia Kohl  
August 21: Al Pepe  
August 25: Patty Wade  
August 28: Janet George  
August 31: Joy Irving  
August 31: George Gilbert



September 6: Glenna Taylor  
September 7: Donna De Bolt  
September 16: Gerald Schutz  
September 14: Karon Aronson  
September 19: Karen Davis  
September 19: Odessa Johnson  
September 28: Frankie Yockey

### Anniversaries:

August 3: Ida and Al Pepe  
August 7: Elna and Bart Barton

## Senior Meal Site/Senior Center

Friendly Neighbors operates a senior lunch meal site on Tuesdays and Thursdays in the Great Room of the 1912 Center in Moscow. The salad bar is available at 11:30 AM, and the main meal is served at noon.

Suggested donation for the meal is \$4.00 for seniors 60 and older; for anyone under 60 the price is a flat \$6.00. A "meal ticket" for seniors is available for \$40; the ticket is good for 11 meals.

Monthly menus are available at the meal site and on our web page:  
[users.moscow.com/srcenter](http://users.moscow.com/srcenter)

Friendly Neighbors is a non-profit 501(c)(3) organization whose purpose is to provide important nutrition and social services for Moscow area seniors.

Besides managing the senior meal site, Friendly Neighbors operates the Moscow Senior Center, a drop-in center with various activities for seniors, located on the first floor of the 1912 Center and open from 9 am – 4 pm Monday through Friday (closed holidays).

Senior Center daily activities include:

Monday AM: Computer help

Monday PM: Jigsaw puzzles

Tuesday PM: Pinochle

Wednesday AM: Blind and Diabetic Support Group at 10:30

Wednesday PM: Mah jongg and computer help

Thursday PM: Bridge

Friday AM: Bingo at 10:00

## Fun Facts

If you toss a penny 10,000 times, it will not be heads 5,000 times, but more like 4,950. The heads picture weighs more, so it ends up on the bottom.



The only 15 letter word that can be spelled without repeating a letter is "uncopyrightable."

The following article is reprinted with permission of the "Lewiston Morning Tribune."  
It initially appeared in the "Golden Times" section of the "Tribune" on June 3, 2002.

## Moscow Friendly Neighbors has new gathering place

By Lorraine Nelson  
of Target Publications



**These four** seniors are among those putting in volunteer hours to help develop activities at the new Moscow Senior Center and staff it when it is open. Seated in front are Nancy Nuhn, left, and Dorothy Nichols, right. In back are Mary Ann Moser, left, and Duane LeTourneau, right.  
*Photo by Steve Hanks of the Tribune.*

It didn't take long for a group of Moscow seniors to start some organized activities at their new center.

Less than two weeks after the new Moscow Senior Center opened on May 6, volunteers had formed clubs for bridge and genealogy and had plans to form clubs for handiwork and scrapbooking.

"We've gotta have a spit and argue club, too," said Duane LeTourneau, vice-president of the Moscow

Friendly Neighbors Senior Citizens Inc. That will likely occur at the regular coffee hour at 10 a.m. on weekdays.

"This is the first time the city of Moscow has ever had a senior center," said LeTourneau, 75, a retired University of Idaho biochemistry professor.

The Friendly Neighbors has been operating a bi-weekly senior luncheon at the old Moscow post office, but that was the extent of any organized community group for seniors.

The new senior center consists of a large and small room inside Moscow's 1912 Center, which was a high school that is now being renovated into a city social center and home for several community groups.

The large room has been carpeted and repainted. Two of the four walls are made up of rows of wood-framed windows, which let in a lot of natural sunlight.

Senior volunteers have filled the room with donated furniture. Comfortable couches and chairs are arranged into conversation areas in part of the room. Card tables with metal folding chairs are scattered in another section.

"We're raising money to replace the metal chairs," said Dorothy Nichols, 72, president of the Friendly Neighbors.

Nichols, a retired teacher and business owner, also asked a local business to donate a ping pong table and another to donate a television set.

The smaller room is for staff of the Retired and Senior Volunteer Program. RSVP is responsible for seeing that volunteers keep

the center open from 9 a.m. to 4 p.m.

Mondays through Fridays. RSVP will share the office with periodic wellness screenings, such as blood pressure checks.

RSVP signed an 18-month lease with the city of Moscow for the center, Nichols said. The city agreed to waive rent on the space if RSVP keeps it open with volunteers, she added.

The center is open to all seniors, but it just happens that many of the volunteers keeping it open belong to the Friendly Neighbors, Nichols said.

The Friendly Neighbors has moved its bi-weekly meals to the 1912 Center and rents the Great Hall (formerly the school gymnasium) and the kitchen for \$200 per month.

There are several active senior groups in Moscow, including AARP and associations of retired federal employees, state employees and officers, LeTourneau said.

“At the beginning, we all met and talked about ideas for what we want in here,” Nichols said.

The group gathered ideas from other senior centers in the state and made a list, she said. The list of 32 ideas was given to “every senior we could contact.”

The survey showed the activity with the highest interest among the largest number of people was a toning and stretching exercise class. It was followed by computer lessons, a book club, a coffee hour, ballroom dancing, a hiking/walking club, line dancing and a group for learning about the history of Moscow and the Palouse.

In addition to organized activities, the center will be an extension of the socializing that occurs during the Tuesday and Thursday luncheons, Nichols said.

She expects some people will arrive in the morning and visit before lunch and others may stay after lunch.

The Friendly Neighbors, which has 114 members, began with a group of 20 Moscow seniors who started meeting twice a week for lunch and socializing in 1973. The group hired a cook and rented space in the Moose Lodge.

In 1978, after the group grew to 50 or 60 members, it formed a nonprofit organization and became the Friendly Neighbors Senior Citizens Inc.

Currently, the organization employs a cook and bookkeeper, owns some cooking equipment, a piano, and publishes a newsletter.

The new center is a place to get together and have some wholesome activities, she said.

“Seniors often, when they lose a mate, get lonesome,” Nichols said. “I can speak from experience.

“It’s a place for seniors to hang out.”

Friendly Neighbors Senior Citizens, Inc. is a non-profit organization, recognized by the IRS as a 501(c)(3) charity. Donations to Friendly Neighbors are deductible under Section 170 of the Code.



The new Moscow Senior Center is furnished with donated furniture. The above photo shows all but one-third of the center, where there is a coffee pot, computers, and a smaller room used for wellness checks and the Retired and Senior Volunteer Program. Photo by Steve Hanks of the Tribune.

### Anniversary by Glenda Hawley

Friendly Neighbors, how well I know  
For every week I faithfully go,  
to enjoy the folks and eat the lunch.  
The people there are a friendly bunch.

This has gone on now  
for 40 long years.  
For those who contributed  
we give hearty cheers.

### Interested in Learning to Play Mah Jongg?

Lauren Fins will lead a beginner's class in Mah Jongg on two Wednesdays: September 11 and September 25, from 6:30 PM - 9:00 PM at the Hamilton Recreation Center. In these two sessions, you will learn how to play the American version of the game, including the rules, how to set up, deal, play, and win the game. The registration fee (\$28 for Moscow residents, \$30 for non-res) includes an instruction booklet and the official play card. Pre-register by August 28 through Moscow Parks and Recreation, phone: 883-7084.



Mah Jongg was invented in China in the mid- to late 1800s and was first brought to the United States in 1922 where it became an instant success. The game is similar to gin rummy, but is played with rectangular tiles that make pleasant clicking sounds as the tiles are mixed and dealt.

# What Happened in 1973?



Statistics: the average cost of a new house was \$32,500  
the average annual income was \$12,900  
gas was 40 cents a gallon, a dozen eggs cost 45 cents

The US population was 211, 908,788, the world population was 3.937 billion  
life expectancy in the US was 71.4 years

January 11 – the trial of the Watergate burglars begins in Washington, DC

January 14 – Super Bowl VII, the Miami Dolphins defeated the Washington Redskins 14-7

January 20 – US President Richard Nixon was inaugurated for his second term

January 22 – Roe v. Wade, the US Supreme Court overturns state bans on abortion

March 7 – Comet Kohoutek is discovered

March 12 – last original episode of “Laugh-In” airs on NBC

March 27 – at the 45<sup>th</sup> Academy Awards, “The Godfather” is best picture, Bob Fosse wins best director for “Cabaret,” best actor is Marlon Brando for “The Godfather,” best actress is Liza Minnelli for “Cabaret,” best song is “The Morning After” from “The Poseidon Adventure”

March 29 – the last US soldier leaves Viet Nam

April 3 – the first hand-held mobile phone call is made in New York City

April 4 – the World Trade Center opens in New York City

April 6 – Ron Bloomberg of the NY Yankees becomes the first designated hitter in the major league

May 3 – the Sears Tower in Chicago is finished, becoming the world’s tallest building at 1,451 feet

May 5, May 19, and June 9 – Secretariat wins the Kentucky Derby, the Preakness Stakes, and the Belmont Stakes, becoming the first Triple Crown winner since 1948

June 22 – W. Mark Felt (“Deep Throat”) retires from the FBI

September 20 – The Battle of the Sexes, Billie Jean King defeats Bobby Riggs in tennis, 6-4, 6-4, 6-3

October 10 – Spiro T. Agnew resigns as Vice President of the US

October 21 – The Oakland Athletics win the World Series, defeating the NY Mets 4 games to 3

November 3 – NASA launches Mariner 10 toward Mercury (it reaches on March 29, 1974)

November 21 – President Nixon’s attorney reveals 18 1/2 minute gap in White House tape recordings

November 27 – the US Senate votes 92-3 to confirm Gerald Ford as the US Vice President

December 6 – the US House votes 387-35 to confirm Gerald Ford as Vice President

December 16 – O.J. Simpson becomes the first running back to rush for 2,000 yards in a pro season

December 28 – the Endangered Species Act is passed in the US

~ ~ ~ ~ ~

## Travel with Idaho Roadrunners

Need a break? Consider signing up and taking a trip with Idaho Roadrunners, Inc., a local travel group. Anyone over 21 years of age can join. Dues of \$10 a year cover insurance and monthly newsletters that list planned trips. Trip prices include the motels and any attractions visited as a group.

The group meets for breakfast the second Saturday of each month at the Moose Lodge in Moscow, at about 8 a.m. Tour directors are Don and Eniss Smith. They can be reached at 208-882-7367.

*Editor’s note: Roadrunners monthly newsletters are posted on the bulletin board in the Senior Center.*



## In Memorium

PAID ADVERTISEMENT



Duane LeTourneau, past president and long-time member of Friendly Neighbors, passed away on June 3 at the age of 86. He was born in Stillwater, Minnesota on July 12, 1926. Duane and his

wife Phyllis moved to Moscow in 1953 where they both became active members of the Moscow community. Duane was a driving force in the renovation of the original Moscow high school building and development of the 1912 Center and the Moscow Senior Center within it.

Dorothy Todd, a member of Friendly Neighbors, passed away on June 22 at the age of 92. Dorothy was born on January 12, 1921 in Garnett, Kansas.



## Current and Past Board Members

2013: President: Bill Terrio  
Vice President: Frankie Yockey  
Secretary: Jan Jensen  
Treasurer: Kay Keskinen  
Directors: Bernice Brooks, Lee Fruits,  
and Helen Sasse  
Past President: Linn Lindsey

Some of the Past Presidents:  
Dorothy Burlison  
Ernie Bunch  
Scotte Hecht  
Leonard C. Johnson  
Bob Leonard  
Duane LeTourneau  
Bob Newbre  
Dorothy Nichols  
Ollie Pratt

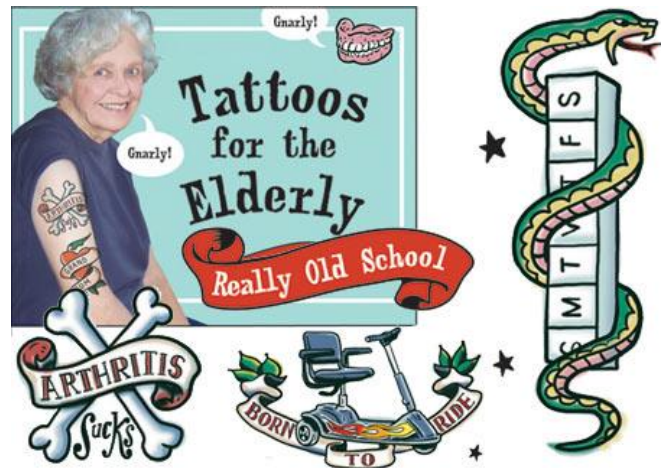
21st Annual  
Benefit Yard Sale

Friday, August 9th  
8 am to 5 pm  
Saturday, August 10th  
7:00 am to 12:00 pm  
at Moscow Village

For more information call  
208-882-6560

Good Samaritan Society®  
Moscow

All faiths or beliefs are welcome.  
11-G2600



Friendly Neighbors Senior Citizens, Inc. is pleased to have been selected by the Moscow/Latah County United Way to be a United Way agency.

