

FRIENDLY NEIGHBORS NEWSLETTER



VOLUME 9 - ISSUE 1

JANUARY/FEBRUARY 2008

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President's Message

I have been a member of Friendly Neighbors for seven years. I delivered meals to shut in for five years. However, I was never involved in the internal functioning of the organization.

After my election as president, I saw the number of documents Ollie signed so I obtained copies of them and attempted the understand by reading them... 23 pages of "*Nutrition Operations Manuel*" from Idaho Commission on Aging, 6 pages of "*Congregate Meals*", and 16 pages of "*Contract and Standard Terms and Condition*" from CAP.

After three readings, my head was full of mush. I couldn't understand what we were to do or how to do it. For some unknown reason, I got some sense in my head and talked with Mike, Doris, Kay, Ida, Ollie and a few others. They knew what was going on and how to handle situations and the paper work and who to contact if needed.

Those of us who come in and enjoy our good meals probably do not appreciate the amount of work, time and energy these individuals have expended over the years.

After I know more from these dedicated individuals, I will keep you informed.

Bob Leonard – your president



Agnes Kotkee

Our Friendly Neighbor of many years, Agnes Kotkee, celebrated her 96th birthday on Sunday January 20, 2008. She was honored at the meal site by all her friends with a birthday cake and much singing of "Happy Birthday."

Her doctor recently told Agnes that she is the oldest person in Latah County still living on her own independently.



Troy School – 5th & 6th Grades

Enthusiastic students from Troy School's 5th and 6th grades recently paid a surprise visit to the Moscow, Senior Center with fantastic musical entertainment. We were pleasantly surprised and enjoyed the excellent performance. Thank you boys and girls!



Jim DeShazer – Bob Leonard

Lions Club President, Jim Deshazer, presented Friendly Neighbors president, Bob Leonard, with a \$400.00 donation for use in funding the Senior Meal Site. This is appreciated and of much assistance in keeping the Meal Site doors open and the kitchen operating.

THANK YOU LIONS CLUB MEMBERS!



Mary Topp – Dr. Steven Hunter

The Blind & Diabetic group meets each Wednesday morning in the Moscow Senior Center. A regular speaker and advisor present at the meetings is Dr. Steven Hunter.

On this day the discussion was on Macular Degeneration and other conditions of the eyes.



Betty Anderson

Betty Anderson is on her 2008 World Cruise. As you read this Newsletter, Betty will be enjoying all the beauty of Honolulu and sailing onward to Pago Pago. There will be a slide show of her trip when she returns.

Ruth Hoffmann

Our Friendly Neighbor for many years, Ruth Hoffmann, has recently moved into an independent living apartment in Good Samaritan Village on Eisenhower Street, Moscow. She is enjoying being a resident and participating in all the Village activities.

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Coffee for the Senior Center
provided by Jeff Bollinger of Edward Jones Investments



Xena (Ron & Onie Crawford's dog) has learned how to keep warm on these cold Moscow days.

Life Begins At 80

I have news for you. The first 80 years are the hardest. The second 80 are a succession of birthday parties. Every body wants to carry your luggage and help you up the steps. If you forget your name, or anybody else's name, what day it is, or an appointment, or promise to be in two or three places at the same time, spell words wrong... you need only explain that you are 80.

If you spill soup on your necktie or dress, fail to shave on one side of your face, fail to zip up your dress or your pants, if your shoes don't match, or you carry a letter around for a week before mailing it, that's all right because you're 80.

At 80, you can relax without any misgivings. You have a special alibi for everything. Nobody expects much of you. It is a great deal better than 65 or 70; at that time, they expect you to retire to a little house in Florida or Arizona and become a discontented, grumbling, limping has been.

But if you survive until you're 80, everybody is surprised that you are alive, surprised that you can walk, surprised that you can carry on intelligent conversations.

At 70, people are mad at you for everything. At 80, they forgive you for anything. If you ask me, *Life Begins* at 80... and if you make it further than just 80, you are certainly the STAR ☆ of the show.

Hello Friendly Neighbors & Friends!

By: Jenny Sheneman

The word is starting to get out that Heart of the Arts, Inc. is now actively fundraising for the West Wing Project. I thought that I would take a moment to introduce the West Wing to you and let you know what the project is all about.

What is the 1912 Center "West Wing" Project?

The West Wing of the 1912 Center (the mirror of the current Senior Center and Friendship Hall on ground west) will add two major new spaces and three additional new uses to the facility. At the building front will be a larger Art Shop and the back of the wing will host a Public Meeting Room. This project will add a unisex restroom facility (featuring a

dressing table and a washer dryer unit), the cross bridge to connect the east and west portions of the ground floor will be opened and the front entry door to the building will be back in service.

Funding

This is a \$200K project. The City will provide \$114K in funds from previously acquired grants specific to the 1912 Center. Heart of the Arts, Inc. is raising \$100K for this project- \$86K of that money is for construction with the remaining funds used to furnish the spaces. HAI currently has a loan to begin construction ASAP, but this will need to be repaid with contributions to the project by June of 2008.

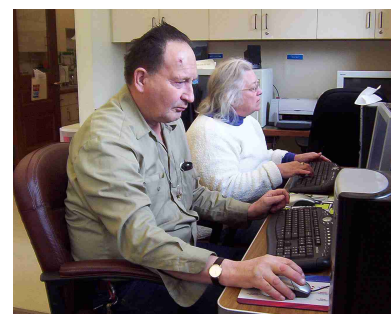
Time Table

Heart of the Arts, Inc. will go out to bid in February, with construction starting as soon as possible after a bid is accepted.

- Please take this opportunity to visit the Heart of the Arts, Inc. office (inside the Senior Center) to see the floor plans and talk more with Jenny Sheneman, HAI's Executive Director about getting in on the ground floor!



Jenny Sheneman's daughter builds a fort



Clarence Hewett and Leslie Leeper practice their computer skills.