

Friendly Neighbors News Letter

Volume 5 ~ Issue 1 ~ January/February 2004

Editor/Publisher ~ Doris Norman

Reporter ~ Vivian Hofmann

President's Message

By: *Duane LeTourneau*

Dear Neighbors,

At our **annual meeting** on December 17, I reported some preliminary figures for the operation of our **senior meal site** in the **1912 Center** during 2003. The final figures are now available from the **Senior Nutrition Program Office** at Lewis Clark State College.

So, how did we do in 2003? First, we operated the site for **101 days**. Second, we served or delivered over **9000 meals!** In addition to providing "congregate" meals to those who attend the site on **Tuesday and Thursday** noon, we are responsible for home delivery of regular meals plus frozen meals for **Medicaid** clients. (Frozen meals are pre-packaged and not prepared in our kitchen.)

The following is a summary of the meals provided in each category.

*Senior congregate meals	6,909
*Senior home delivered meals	824
*Non-senior congregate meals	329
*Medicaid hot meals, home delivered	268
*Medicaid frozen meals, home delivered	874

***Total meals served and delivered 9,204**

To me these are impressive numbers! We can be proud of the service that **Friendly Neighbors** provides to seniors and others in our community. Much of this is accomplished by volunteers, some of whom we seldom see. My heart felt thanks to all volunteers with a special tip of the hat to **Sarah Farnworth, Bob Leonard, and Julie Ann Peterson**, those seldom seen folks who deliver meals every day the site operates.

Now our challenge is to do an even better job in **2004!**

In the next issue of the **newsletter**, I will provide information on the financial aspects of the **meal site** operation.

Please contact me if you have comments or questions about the operation of the **Friendly Neighbors** meal site.

Sincerely,

Duane LeTourneau

New Book Of Interest

By: *Vivian Hofmann*

Moscow – Living & Learning on the Palouse

By: **Julia R. Monroe** ~ is a very interesting new book about the beginning of **Moscow, Idaho**. On page 151, the author speaks of the **Friendly Neighbors group** which started in 1973 ~ "to share a meal and each other's company" and states they have taken a lead in **Moscow's Senior Community**.

Now, the **Moscow Friendly Neighbors** provides lunchtime meals twice a week to over 100 people in the **Great Room of the 1912 Center**.

If you would like to read about the early history of **Moscow** and community you will enjoy this book!

Photo by: *Doris Norman*



Vivian Hofmann is our distinguished reporter for the **Friendly Neighbors Newsletter**. Thank you, **Vivian!**



Ida & Al Pepe

By: Vivian Hofmann

Al and Ida Pepe have been long time supporters of the **Friendly Neighbors of Moscow, Idaho**.

Ida was born in **New Haven, Connecticut** in 1920. She graduated from South Side High School in **Rockville Center, New York**.

She worked for a bank in **Rockville Center** and was head of the **FHA Fire Insurance Department**. She has always been a secretary. Before coming to **Idaho**, She was **administrative assistant** to the Assistant Superintendent of **Bocas, Long Island** schools for ten years.

Al and Ida were married August 3, 1941 in **Bocas Center, New York**. They came to **Idaho** after many trips here from **New York** to visit their daughters.

They finally decided to move here and **Ida** worked for **Win Moorer and Dahman Insurance Company**. She finally retired.

Al Pepe was born in **Hyde Park, New York** in 1920. He attended schools there; then worked with his father for a few years in the building trades. He then became a heavy equipment operator until they moved to **Idaho**. He retired in August 1979. He likes to do puzzles, gardening and woodworking, and also works with his computer.

When **Al** was in the **army** he was stationed in **Camp Van Dorn in Mississippi**. **Ida** went down there until he was sent overseas. When

he returned from **Europe**, he was stationed in **Georgia**. **Ida** joined him there until he was discharged.

Ida is an avid reader. She also crochets and likes to garden.

She has been treasurer of **Friendly Neighbors** for eight years. **Al** is a greeter, serves meals to the handicapped, manages to secure volunteers to help serve the food, and is helpful in many ways.

The Pepe's have two daughters. **Alida Bockins** is a kindergarten teacher at **Lena Whitmore School** and **Karen Clifford** is **Administrative Assistant** for the **School of Communications** at the **University of Idaho**. **Pepe**s have three grandchildren. Our good friends, the **Pepe**s, have been involved in **Friendly Neighbors** for ten years.

*We thank the **Pepe**s for their long years of steadfast support!*



Virgie Read & Virginia Hays

We all wish to extend many **THANKS** to the ladies who are present at the **Senior Meal Site** each Tuesday and Thursday to receive the donations for the excellent meals we enjoy.

At this time we have three ladies helping with this important phase of our **Meal Site**. They are **Virgie Read, Virginia Hays and Melva Hoffman**. **Ida Pepe** joins them to count the receipts and make the bank deposit. Remember to tell them how much we **appreciate** their volunteer hours at this important work.

Photos: by Scotte Hecht

Missing Out on Benefits?

BenefitsCheckUp.org helps thousands every day to find programs for people **ages 55** and over that may pay for some of their costs of prescription drugs, health care, utilities, and other essential items or services. There is a simple questionnaire to find programs that can assist you or your loved ones.

This Internet site is sponsored by AARP, American Online, The Commonwealth Fund, Lucent Technologies Fund, FJC ~ A Foundation of Donor Advised Funds, Together RX, Pfizer, Archston Foundation.

It's simple. It's fast. It's free. And it's confidential.

Monday mornings 9 a.m. to 12.30 p.m. there are **RSVP** volunteers available to help you access this site through use of the **Internet** and the **computers** we have in the **Moscow Senior Center of the 1912 Building**.

BenefitsCheckUp.org quickly gives you a personal report of public programs and benefits that you may qualify for. If you give then some basic information and they will check over 1,150 programs for you, including those covering more than 1,450 prescription medications.

Free Meals

Through **May 2004**, the **Senior Meal Site** is presenting one *free meal* each month on the **first Tuesday** of the month. If you bring a friend who has never attended before, your *friend's meal is free as well as your own meal*.

Remember, these free meals will only be presented through **May 2004**. We have been able to participate in this program because of a **one time special award**.

Senior Meal Site ~ 1912 Building

The Senior Meal Site, located in the **Great Room** of the **Moscow 1912 Building**, has been a welcome source of balanced meals and social time with our friends for many years now.

The meals are served on **Tuesday** and **Thursday** of each month at 12 o'clock noon.

The minimal requested donation for the meal is **\$2.50 per person**, for those over 60 years of age, and \$4.00 for non-seniors.

This is a popular meeting place for **Seniors** of our community. In the afternoons on Tuesday and Thursday, after the meal, there are **Bridge** and **Pinochle** groups who meet in the **Moscow Senior Center** after the meal.

Other days of interest in the **Moscow Senior Center**, located on the parking lot level of the **1912 Building**, is Bingo on **Friday** at 10 A.M. with congenial hosts **Bill & Bette Mitchell** presiding.

On **Monday** morning from 9:30 a.m. until 12 o'clock noon, computer classes are available in the Moscow Senior Center with **Kay Keskinen** and **Doris Norman** to give instruction on using email and **surfing the Internet**. Also, help can be given with **word processing in Microsoft Word and Excel**.

There is a beautiful **organ** to play if you are musical and desire to play or practice. **Jigsaw Puzzles** are available on a table at all times for enjoyment of everyone. A small 'on your honor' **library** is available there as well for those who love to read.

Yarn for use in **Operation Warm-up** is available to those who like to knit and crochet and who wish to participate in this valuable endeavor.

If you have **yarn to share**, please donate to **RSVP** through **Linda Pike**, Moscow RSVP Coordinator.