

# Friendly Neighbors Newsletter

Volume 17 – Issue 7 – December 2016 Extra Edition

Founder – Doris D. Norman

Editor – Kay Keskinen

Moscow Senior Meal Site and Senior Center

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## President's Message



Hi,

I have just a few words for this special edition.

This year at the meal site we've had a couple of incidents happen to diners that required some sort of medical attention. To help in that situation, we will be asking members if they

wish to give us emergency contact names and phone numbers. You may also, if you so wish, include your doctor's name and phone number. We will supply a 3x5 card for this info that will be kept at the sign-in desk. We feel this is very important for your health and well-being.

Enjoy the holidays!

*Bill Terrio*, President

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## Friendly Neighbors 2017 Dues

Friendly Neighbors dues for 2017 can be paid starting in mid-November. The annual dues are \$2.00 and can be paid at the meal site sign-in desk. Please complete the yellow 2017 membership form to ensure that we have your correct name, address, telephone number, birthday, and e-mail address. Birthday is on the form so that we can acknowledge your birthday in the newsletter and at the meal site. The membership forms for 2017 are available at the meal site sign-in table and in the Senior Center.

## Election Information for the Friendly Neighbors Annual Meeting On Tuesday, December 13, 2016

The Bylaws of Friendly Neighbors Senior Citizens, Inc. require that a business meeting of the entire membership be held annually in December. This year's meeting is scheduled for 11:45 AM on Tuesday, December 13, just prior to the serving of our regular noon meal.

The only item of business to be conducted is the election of officers and directors. A Nominations Committee consisting of Esther Louie (chair), Barbara Morgan, and Jon Bateman has solicited nominees for the four officer positions and one director position. Officers have one-year terms, and directors have three-year terms. Ken Powell has resigned from the board due to health reasons. Chuck Fullkrug was appointed at the November 22 meeting of the Board of Directors to fill the remainder of his term (to Dec. 31, 2017). Helen Dewey continues her three-year term as director (to Dec. 31, 2018), leaving one director position open.

Members of Friendly Neighbors may bring additional nominations from the floor at the meeting, but any member nominated in that manner must have consented in advance to be elected. Dues must be current in order to vote or to run for a position and to take office.

Nominees are as follows:

President: William E. (Bill) Terrio

Vice President: Carrie Bitterwolf

Secretary: Sally Johnston

Treasurer: Kay Keskinen

Director: Steve Barr

## Friendly Neighbors Update from the Board

At its November 22 meeting, the Board of Directors changed the prices of the meals at the meal site. Treasurer Kay Keskinen reported that we will be operating at a loss for this year, enough that we need to increase our income by raising prices. This is the first price change since 2007, when the suggested donation amount of \$4 for a meal to a senior (60 and older) was set.

After discussion, the board voted for the following increases effective January 1, 2017:

- the suggested donation amount for a senior meal will be \$5.00;
- the cost for a non-senior (those under 60) meal will be \$7;
- a “to go” meal for a senior will be \$3; and
- a meal ticket for 11 senior meals can be purchased for \$50.

The decision to raise these amounts was not easy, but in order to remain financially stable, Friendly Neighbors must be able to meet its expenses.

New rules and old reminders:

A meal consists of one cup of soup, one trip through the salad bar, the entrée, and no more than two desserts. Coffee, tea, water, and milk are also included.

Only after everyone has been served lunch at the meal site and enough entrées had been set aside for home-delivered meals will seniors be able to purchase a take-out meal – only one take-out at \$3.

Sometimes there is leftover food—soup, salad bar items, and desserts. If those are available for seniors to take home (a donation is appreciated), President Bill Terrio will announce at the end of the meal what food is available. That food will be placed on the dessert tables. DO NOT take extra food out of the salad bar as many items can be stored properly for use at the next meal.

Beyond the meal received for the \$5, diners also get “fringe benefits,” such as entertainment (for which we “pay” with free lunches) and, at times, extra food (salad bar, desserts, and bakery items).

Seniors who cannot afford the \$5.00 suggested donation will be provided a meal no matter how much, if any, of the \$5.00 they can donate. A donation of a dollar or two helps with our income.

## Birthdays:

### January

- 1 Wally Quast
- 5 Pat Hine  
Betty Sheets
- 11 Ronald Smith
- 13 Ruth A. Smith
- 14 Valda Steele
- 16 Janice Ardern  
Donna Powell
- 19 Tom Bitterwolf  
Floyd Davis
- 20 Matt Telin
- 24 Sue Dunn
- 26 Laura Miller  
Barbara Morgan
- 27 Virginia Hays
- 28 Peggy Swanson
- 31 Bill Stroebel



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## Newsletter Update

by Kay Keskinen, Newsletter Editor

The bimonthly newsletter of Friendly Neighbors will be getting a new editor and a new publication schedule. My thanks go to Carrie Bitterwolf for her able work as editor the last two years. If you would like to be a contributor to this newsletter, please let me know. The newsletter could use a feature writer or member news reporter. Starting in 2017 the bimonthly issues will be published at the end of the odd-numbered months. You will have the Jan/Feb issue at the end of January. The January menu will be distributed in late December at the meal site.

Please note that past newsletter issues starting with Vol. 4, #1 Jan/Feb of 2003 through the current issue are available on our web site. Read these old issues and see how young we once looked and what Friendly Neighbors members were doing years ago.

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## Calendar...

- December 3 – Winter Market, 1912 Center
- December 10 – Winter Market, 1912 Center
- December 13 – FN Annual Meeting
- December 26 – 1912 Center closed
- January 1 – New Year’s Day
- January 2 – 1912 Center closed
- January 16 – Idaho Human Rights Day
- January 20 – US Presidential Inauguration
- January 28 – Chinese New Year, Year of the Rooster